

Evidence Based Contact Lens Practice, 135min

The main priority for optometrists as primary health care specialist is patient safety. Therefore, professional activities would be provided in accordance of the evidence-based contact lens practice and the best clinical practice guidelines. We will overview communication based on patients needs and requirements, principles of anamnesis and clinical judgment in contact lens fitting.

Lecture will provide review of newest studies and evidences for soft, rigid and specialty contact lens fitting. Purpose of the lecture is conducting specialist to critical thinking, proactive lens fitting to avoid contact lens future dropouts related to non-proper lens modality / material selection.

Date: February 1, 2022

Lecturer: Inese Petrovica – optometrist

Language: English

Programme:

1. Introduction to evidence-based practice | 10 min.
2. Evidence based contact lens practice | 100 min
 - 2.1. Patient values & preferences
 - 2.2. History & symptoms
 - 2.3. Anterior eye examination
 - 2.4. Lens selection
 - 2.5. Evaluation of lens fitting
 - 2.6. Prescribing
 - 2.7. Aftercare
3. Evidence based process & critical thinking | 10 min.
4. Discussion | 15min